



ONSITE STROKE PREVENTION, OSTEOPOROSIS, VASCULAR, LAB AND OTHER HEALTH SCREENINGS

American Screening Association will be at [NASA Wallops in the Rocket Club on Wednesday, April 24, 2019.](#) Screenings are available individually or as a package and are eligible for flexible spending accounts and health savings accounts. Appointments are required.

Please contact American Screening Association to schedule an appointment by email at amscreening@msn.com or call **800-686-3035.**

AVAILABLE SCREENING SERVICES

All employees, contractors and family members can use this opportunity to establish a baseline or as a supplement to their annual physical or check-up by signing up for as many of these tests as they wish performed at one setting, conveniently and all with a special government employee discount.

Being screened gives everyone a base line to work and build on. This should ensure a longer healthier life. We ask that you help us make this a successful venture by registering to be screened and by urging a fellow colleague to do the same. **All results are completely confidential and sent directly to the patient.** The lab package takes approximately fifteen minutes, ultrasound/non-invasive package 45 minutes and ultrasound and lab together one hour to complete.

Summary of available lab screenings (Package "A")

(1) Cardio CRP (high sensitivity C - reactive protein): A sensitive marker of systemic inflammation that has emerged as a powerful predictor of cardiovascular disease, particularly of coronary artery disease. **\$45.00**

(2) Homocysteine: Measures the level of homocysteine in the body that has been shown to contribute to several processes that cause arteriosclerosis (thickening and loss of elasticity of the arterial walls /hardening of the arteries), as well as Alzheimer's disease and blood clots. **\$45.00**

(3) Cortisol: Measures cortisol in the body that has been linked to several conditions and has been proven to be a contributor to excess body fat. **\$35.00**

(4) Fasting Plasma Glucose: Considered the gold standard for the detection of diabetes or pre-diabetes by measuring the level of glucose in a person's blood plasma after a period of fasting. **\$35.00**

(5) eGFR (estimated glomerular filtration rate): Screens for early signs of kidney disease and is considered the best clue to how well the kidneys are working. **\$35.00**

(6) Magnesium: Magnesium is responsible for over 300 biochemical reactions in the body and impacts blood pressure, metabolism, immune function and many other aspects of health. **\$35.00**

(7) Cholesterol (full lipid panel): Calculates the total cholesterol, HDL/good cholesterol, LDL/bad cholesterol, and triglycerides. *(included in the wellness profile)*. **\$35.00** if ordered separately

(8) CBC (complete blood count): Measures various components of your blood and includes screening for anemia, infection or leukemia *(included in the wellness profile)*. **\$35.00** if ordered separately.

(9) Comprehensive Wellness Profile: Consists of full lipid panel, complete blood count, liver and kidney panels, minerals, bones, fluids, iron and electrolytes. **ONLY INCLUDES #7 and #8** plus many other tests. Go to ["What is included in the Comprehensive Wellness Profile"](#) for the full listing. **\$95.00**

All of above lab tests (1 - 9) plus choose one test from the list of "Additional lab tests available" Package "A" \$275.00

(Only one blood draw required regardless of the number of tests ordered)

Additional lab tests available (price listed if ordered separate from package)

(10) PSA (prostate specific antigen) for men only: Aids in the detection of prostate cancer. **\$35.00**

(11) Hemoglobin A1C (Glycohemoglobin): Gives a picture of the average amount of glucose in your body over a certain period and is linked to diabetes. **\$35.00**

(12) Rh Group and Blood Type: Determines the type of blood a person has and Rh group. **\$35.00**

(13) FSH/Follicle Stimulating Hormone: Measures the level of FSH known to be a predictor of the onset of menopause. **\$35.00**

(14) RA Factor: Aids in the detection of rheumatoid arthritis. **\$35.00**

(15) Sickle Cell Anemia: Screens for signs of sickle cell anemia. **\$35.00**

(16) Vitamin B12: Checks the level of vitamin B12 in the blood which is linked several health issues including energy production and nervous system function. **\$35.00**

(17) Vitamin D: Investigates problems related to bone metabolism or parathyroid function, possible Vitamin D deficiency or malabsorption. **\$50.00 (add \$15.00 if used as the "additional test" in package)**

(18) Hepatitis C: Screens for the Hepatitis C virus which is linked to liver disease. The CDC recommends testing for adults born between 1945 to 1965. **\$50.00 (add \$15.00 if used as the "additional test" in package)**

(19) TSH (thyroid stimulating hormone): Aids in the detection of hyper and hypothyroidism. **\$40.00**

(20) Lead Level: Checks the level of lead in the blood. **\$35.00**

(21) Testosterone Free and: Checks the level of free and total testosterone. **(add \$35.00 if used as the "additional test" in package) \$75.00**

Summary of available ultrasounds screenings (Package “B”)

(22) Stroke/Carotid artery disease \$35.00 Visualizes the build-up of plaque in the carotid arteries that may cause a stroke, the third leading cause of death in the United States.

(23) Abdominal Aortic Aneurysm \$35.00 (*requires 4 hours of fasting*) Visualize and measure the aorta and check for the existence of an aneurysm which if ruptured the mortality rate is 90-95%.

(24) Peripheral Arterial Disease \$35.00 Checks the circulation in the arteries of the legs which if decreased may indicate clogging in the heart arteries.

(25) Osteoporosis Ultrasound \$35.00 Determines the density of the bones in the body for signs of bone loss and risk for osteoporosis that has been detected to some extent in 40% of those screened for the disease.

(26) Body Composition \$20.00 (*Not recommended if a person has a pacemaker or is in early stages of pregnancy, requires 4 hours of fasting*) Obtains the following: body fat percentage and fat weight, body lean weight, body water percentage and body water, basal metabolic rate, average daily calorie requirement, body mass index and impedance. Provides actual results and recommended ranges.” **Please know weight prior to testing.**

**All above non-invasive screenings (22 thru 26)
Package B \$125.00**

**Special Package: Includes Package A/Lab Package and Package B/Non-Invasive Package
Gold Package \$355.00**

Cash, check, VISA, MasterCard and Discover accepted

Screenings services are eligible for flexible spending and health saving accounts

Also available

(27) Urinalysis \$25.00 (\$20.00 if added to package)

Checks 10 different levels in the urine including glucose for diabetes.

(28) Lung Function test \$25.00 (\$15.00 if added to package)

Evaluates how much air your lungs can hold, how quickly you can move air in and out of your lungs and how well your lungs add oxygen to the blood and remove carbon dioxide from the blood.

PLEASE CONTACT A.S.A. TO SCHEDULE YOUR APPOINTMENT

**TAKE CARE OF
YOUR BODY.
IT'S THE ONLY
PLACE YOU HAVE
TO LIVE IN.**

amscreening@msn.com or

800-686-3035

asawellness.com